## Kadara Women: Educated, Evolving & Never Stoping

KWEENS© Prevention/Mentorship program for African-American(and/or those who Identify of African/Black descent) adolescent and teen girls which educates about building and maintaining healthy self-esteem, instilling cultural pride and self appreciation. We teach life and social skills to become confident, self-directed, self-sufficient leaders.

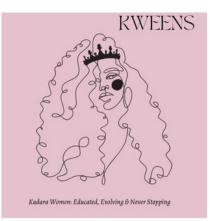
We advocate towards a greater awareness and prevention of dating violence, decreased attitudes towards the use of drugs and alcohol, improved attitudes towards higher educational attainment and increased knowledge of at-risk sexual behaviors. We inform and discuss issues such as STI's, bullying, conflict resolution, domestic violence and drug use. We teach our girls how to identify and stay out of unhealthy relationships.

KWEENS© will offer them opportunities to discover their natural strengths and inner qualities to enhance the quality of life for themselves, their families and our entire community.

KWEENS© is unique because we have a 1:10 teacherstudent ratio. We pride ourselves on the fact we maintain an exclusive small group model in which we have the opportunity to truly engage with the girls and to develop impactful relationships.

Our program works with girls from private and public schools. It is a program that all preteen and teenage girls in grades 5th through 8th should experience.

Eligible High School girls can apply for the KWEENS Leadership Advisory Council if they have completed the KWEENS© Program.



Our Spring 2024 Session runs for (8) Saturdays beginning on Saturday, May 4th, 2024 through Saturday, June 22nd, 2024 for a 1 -1/2 Hour Session from 10AM-1130AM at the Simmons YMCA 6824 Democracy Dr, Charlotte, NC 28212

The cost for the entire 8-week program is \$80.00 (\$10 per week). All program materials will be provided. \*\*Please don't let the fee deter you, give us a call and we can always discuss fee options. Scholarships are available!

If you have a pre/teen daughter, niece, neighbor or family friend that may be a good fit to participate in this visionary program, please contact us.

Registration is open online at <u>preciousgiftz.com/upcoming-events.</u> The deadline to register for the Spring 2024 Session is Friday, April 26th, 2024

FOR MORE INFORMATION PLEASE EMAIL: kweens@preciousgiftz.com

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